

# FREQUENTLY ASKED QUESTIONS Which Curl Service is right for me?

Perms typically fall into 3 difference categories, Traditional Body Wave and Spiral Perm. Differnet Rods and wrapping techniques are inplemented to arrive at the ideal result.

#### **Traditional Perm**

Traditional perms use tighter, uniform curls throughout the hair. The rods are placed horizontally, creating volume and curl from roots to ends. Perfect if you want a classic, defined curl that holds its shape day after day. Traditional perms tend to have more structure and a fuller "set" look. However, there are limitations to achieving curl with certain rods if the hair is too long.

#### **Body Wave**

A body wave creates soft, flowing movement rather than tight curls. Larger rods are used, spaced to create a gentle, lived-in wave that mimics natural, effortless texture. Ideal for those wanting relaxed, beachy volume without a dramatic curl pattern — just a soft "bend" and beautiful bounce.

## In both of the above senarios, there are limitations to achieving curl with certain rods if the hair is too long. If the hair is wrapped arounf a curler too many times, the curl gets larger, AND the saturation is inconsistent. For this reason, I opt to use a "tension rod", this is a 12" pastic loop where the hair is wrapped in a "candy-cane" for even curl and solution distribution. Stunning every time!

### **Spiral Perm**

A spiral perm creates well-defined, springy curls that spiral downward, offering volume, height, and drama. I opt to use a "tension rod", this is a 12" pastic horizontal loop where the hair is wrapped in a "candy-cane" for even curl and solution distribution. Stunning every time! This option is perfect for adding major curl energy and movement, especially on longer hair.



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